



# 8 WEEK KANGAROO KICKER PROGRAM

Preschool Place  
& Kindergarten

JAN. 13TH - MAR. 17TH

OPEN TO ALL AGES 3+



SCAN TO REGISTER

Karate classes offer an exhilarating blend of fun and physical activity making it extremely beneficial for children. As they attend classes, children experience a sense of achievement and excitement. The dynamic environment of a karate class, filled with kicks, punches, and movements, keeps the adrenaline flowing and engagement high. Beyond the physical aspects, karate instills valuable life skills such as respect, responsibility, and perseverance. Children learn to set goals and work towards them, building self-esteem and confidence along the way.

*for more info, call or text*

**(908)742-7000**

IMPROVE  
YOU CHILD'S

- ✓ CONFIDENCE
- ✓ LISTENING SKILLS
- ✓ SOCIAL SKILLS
- ✓ SELF RESPECT
- ✓ FITNESS LEVEL
- ✓ COORDINATION SKILLS

**"Empower, Engage, Excel: Martial Arts for Young Champions"**

Families are invited for the final session on March 17<sup>th</sup> at 2:30 for graduation!

