

# Registration Form For Enrichment Program

PLEASE PRINT:

Child's Name: \_\_\_\_\_

Date of Birth: \_\_\_\_\_ Grade: \_\_\_\_\_

Address/Zip: \_\_\_\_\_

Parent's Name: \_\_\_\_\_

Phone Number: \_\_\_\_\_

Email: \_\_\_\_\_

Any medical conditions? Yes \_\_\_\_\_ No \_\_\_\_\_

If Yes, please explain: \_\_\_\_\_

\_\_\_\_\_

SMAA urges all members to obtain a physical examination from the physician prior to attending any martial arts class. in recognition of the possible dangers connected with any physical activity, member(s) hereby knowingly and voluntarily waive any cause of action of any kind whatsoever arising as the result of such activity from which any liability may or could occur to smaa and their officers, employees and agents. other than in the case of a member moving from the Central New Jersey area, or a member who, due to a permanent medical condition, is no longer able to participate in the activities offered at smaa, there will be no refunds of amounts paid to smaa. by signing below, i acknowledge that i have read, understand and agree to comply with the provisions of this release.

Parent Signature: \_\_\_\_\_ Date: \_\_\_\_\_

\_\_\_\_\_

# Partnering for Academic Excellence

## Martial Arts Life Skills Development Program



**Provided by: Somerville  
Martial Arts Academy**  
**283 South Bridge Street, Somerville**  
**[www.somervillemartialarts.com](http://www.somervillemartialarts.com)**

**(908) 575-8700**

# Planned Curriculum

## **Week One and Two: Courage**

This week we will cover the value of courage and how it can apply to everyday life. Children will develop this skill through practicing public speaking and taking on leadership roles.

## **Week Three and Four: Listening**

When we cover the listening section, our focus is on developing the children's ability to follow directions completely as asked.

## **Week Five and Six: Focus**

This week cover the elements of focus and how they can improve on this very important life skill.

## **Week Seven and Eight: Fitness**

With childhood obesity on the rise, we need to instill the desire to stay fit and active in our children.

**Don't worry we can pro-rate classes if you have missed the start date. Just**

**give us a call !!!**

**(908) 575-8700**

# Preschool Place

**When: Wednesday 2:30pm**

**October 13th thru  
December 1st**

**8 week session Cost:  
\$74.00**

**You can call in Credit Cards or make Checks Payable  
To: SMAA. Send Completed Form and Payment to:  
Somerville Martial Arts Academy  
283 South Bridge Street, Somerville, NJ 08876**

**Instructors:  
Master Mehrtens  
Master Freeman**

**Call: (908) 575 - 8700**

**Email: martialarts4u@gmail.com**